

BIKE 4

RED HILL VALLEY

Confederation Park / East Mountain

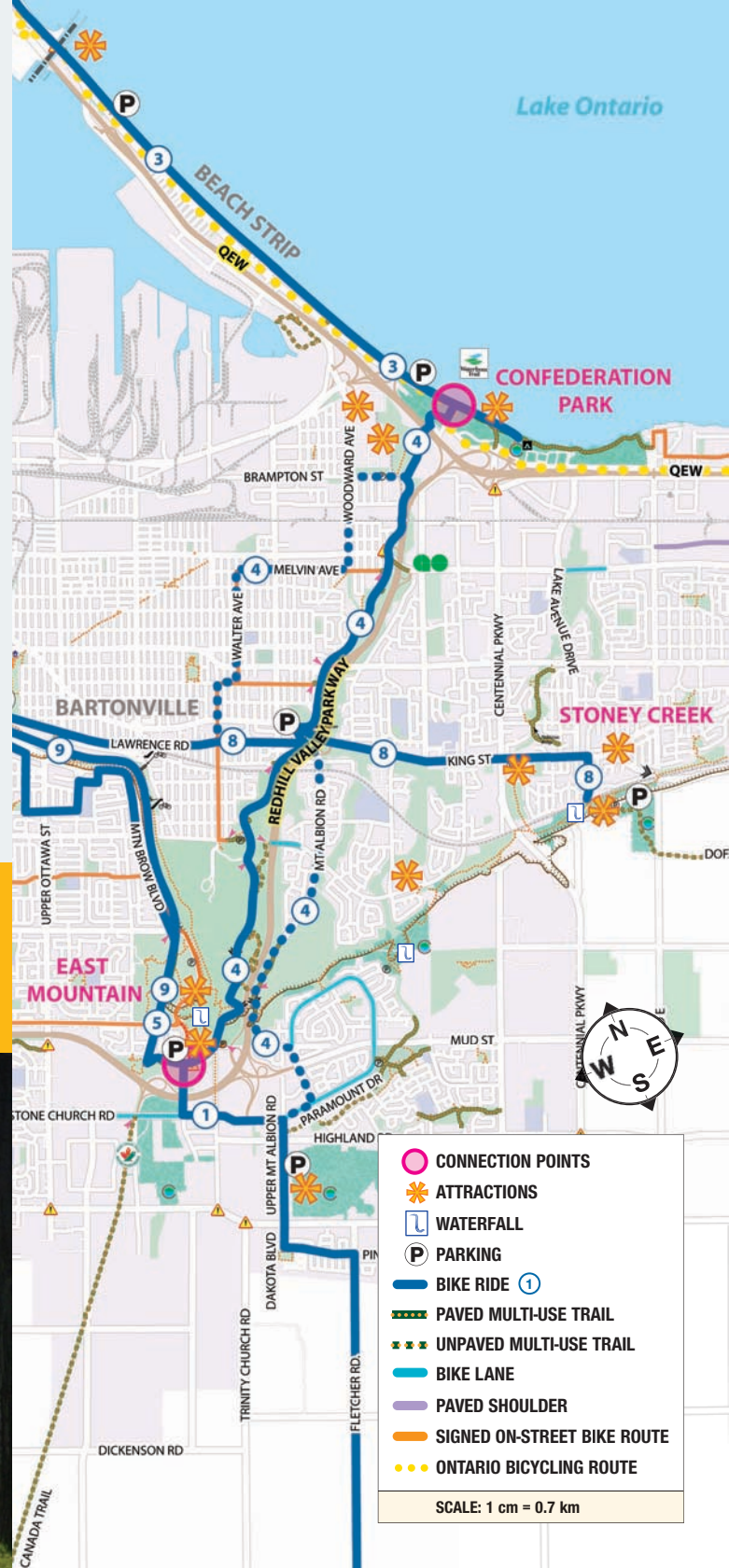
Connection Points:	Confederation Park (QEW/Centennial Pkwy) East Mountain (Mountain Brow Blvd/ Limeridge Rd/Arbour Rd)
Distance:	12 km (1.5 hrs leisurely)
Route Design:	DIFFICULT A few significant hills; Mostly unpaved – see map for paved on-street option Take care crossing Lawrence Rd and along Mud St beside Albion Falls
City Transit Access:	Confederation Park: HSR #56 (seasonal), HSR #11 nearby East Mountain: HSR #21, HSR #22 nearby
Inter-city Transit Access:	Confederation Park: Stoney Creek (Nash Rd) GO Transit
Parking Access:	See Map

ATTRACTIONS ALONG THE WAY:

Confederation Park / Wild Waterworks, Steam and Technology Museum, QEW Overpass Vista, Red Hill Creek Valley, EcoHouse, Albion Falls



Albion Falls



For greater detail of mapping see "Bike Routes, Trails & Parks" map.